

communiqué

SUMMER ISSUE | NEWSLETTER | JANUARY 2022



**CEO
MESSAGE**



**SAY NO TO DOMESTIC VIOLENCE
- HMAS PENGUIN**



REMEMBRANCE DAY 2021



MRA CHARITY IN PROFILE
Mates4Mates



Welcome to the January issue of Communiqué!

The past year has been one that lots of us will look back on as being rather memorable due to the pandemic. Thank you for trusting us as your banking service provider in 2021, and as we move into 2022, I extend a warm Happy New Year to you, our members, and to your families.

Our 62nd Annual General Meeting was held virtually on 24 November 2021 and my thanks to our Board, Executive and most importantly our members who participated in the meeting. Important amendments to the Bank's constitution were passed including simplifying the process around how we treat inactive or dormant membership accounts.

AGM voting saw the re-election of myself and two Directors, Michael Crane and Sean FitzGerald. I thank our members for their vote and I look forward to the year ahead with Australian Military Bank. I would also like to thank Jonathan Sadleir, who has retired from the Board, for his contribution to the Bank over the last 3.5 years.

If any members wish to review our performance for the 2020-2021 financial year you can find our Annual Report consisting of our Year in Review and Annual Financial Report on our website.

John Brooks
Chair

CEO Message

A warm welcome to 2022 to our members, I hope you had a wonderful holiday break and for those serving overseas our gratitude to you for your commitment and service.

Thank you to our staff for their efforts during 2021, in many instances working remotely while maintaining a focus on our members. This includes our branch staff who have been standouts during this time providing excellent service particularly for those members buying their first or next home. We understand that buying a home can be a challenge in the current environment and I'm happy our team have continued to be there to support our members through the process.

The easing of restrictions means our team can once again support the Defence community by participating in events across our network. You can read about our participation in the say NO to Domestic Violence Walk in this edition.

We have articulated our path to success for Australian Military Bank through our Strategic Plan and I look forward to working with our team, our members and the wider Defence community to ensure our bank continues to grow and meet the financial needs of our membership base.

Yours Sincerely,
Darlene Mattiske-Wood

Our champions

"Amber at the Stirling branch went above and beyond to assist me with obtaining finance for my first home purchase. She helped me through every step and answered any questions I had. She kept me up to date with what was happening at all times and always prompt in responding to emails and phone calls. Amber is an outstanding asset to AMB and I will certainly be contacting her for any future financial dealings."

- Ashleigh

Amber Carrington
Supervising Lending Specialist (WA)



Remembrance Day 2021

We were proud to have participated in RSL Australia's Remember to Remember commemorations in 2021.

Our staff supported the RSL Poppy Appeal by selling merchandise in our local areas. Pictured right are Jen and Courtney representing our Kapooka and Wagga Wagga branches.

Ann Roach our RSL National Partnerships Manager had the honour of attending the Remembrance Day service alongside Mr. Peter McFarlane (pictured with Ann) RSL Life Member and Trustee of the Ingleburn RSL Sub Branch. Peter, is also a long-serving member of Australian Military Bank having joined us in 1974.



Jennifer Cole (left), our Personal Banker with Courtney Oglesby (right), our Area Manager



Peter McFarlane (RSL Life Member and Trustee of the Ingleburn RSL Sub Branch) with Anne Roach (RSL Partnership Manager, AMB)

Say no to Domestic Violence - HMAS Penguin

Our friends at HMAS Penguin are passionate about fundraising initiatives that support their local communities. Located at Balmoral on the lower north shore, the HMAS Penguin team pledged to walk laps of Middle Head Oval in November 21 raising funds to support the Northern Beaches Women's Shelter (NBWS).

Homelessness doesn't discriminate, it can happen to anyone and NBWS is a safe haven, supporting homeless women so they can rebuild their lives, reclaim their independence and rejoin society. NBWS is a non-profit, community-funded charitable organisation providing crisis accommodation, support, safety and services for women experiencing homelessness across Sydney's Northern Beaches.

The 'Say NO to Domestic Violence walk' comprised of 52 laps – signifying the fact that at least one woman a week dies at the hands of a domestic partner. The walk's ultimate purpose was to raise awareness of the impacts of domestic violence and its contributing role in women's homelessness.

In support of the initiative, Australian Military Bank Area Manager Mark Ferguson joined in and contributed a donation to NBWS on behalf of the Bank.

If you, or someone you know, may be at risk of domestic violence or homelessness, contact White Ribbon at <https://www.whiteribbon.org.au/>; or if you would like to find out more about the important work that NBWS does, please visit <https://nbws.org.au/about/>



Mark Ferguson (Area Manager, AMB) with Kirstie Christensen (Fundraising & Communications Manager) & Kim Baesanu (Donations Volunteer) from Northern Beaches Women's Shelter



 In support of
White Ribbon
Australia


NORTHERN BEACHES
Women's Shelter

Military Rewards Charity in Profile: Mates4Mates

MATES4MATES

Here for those
impacted by service.

Mates4Mates is actively changing lives, one connection at a time. They provide a way forward for current and ex-serving Defence Force members and their families experiencing service-related physical injuries, mental health issues and isolation.

There are many pathways to recovery through the Mates4Mates psychology and physical rehabilitation services, skills and wellbeing programs, and social connection activities. They offer ongoing face-to-face and telehealth appointments with their experienced psychologists and exercise physiologists with a referral from your doctor.

Mates4Mates also offer a wide range of social connection activities and wellbeing programs to get involved with. From yoga classes, coffee support groups, and multi-day wellness programs to PT sessions, cycling trips, school holiday programs, and family barbeques, they have options to suit everyone.

"Mates4Mates has helped me to stay social. It gives me a reason to get out of the house and stay active while maintaining friendships." Chris*, Veteran, QLD

All services are offered at no cost and can be accessed through the Mates4Mates Family Recovery Centres in Brisbane, Townsville, and Hobart, as well as at their interim centre in Palmerston in the Northern Territory. They also deliver services through their Online Family Recovery Centre and in outreach locations to provide veterans and their families with access to support, no matter where they live.

To find out more about the work Mates4Mates do, please visit mates4mates.org



* Name changed for privacy reasons.

Supporting the Defence Community



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